



First Work Experience & Employment Training

The Family House partners with several organizations to create skills training and employment experience for low income youth in the community in the summer vacation period.

First Work Experience is a program designed by the Family House to assist Junior High youth who are too old for camp and too young for pre-employment training programs.

Please contact the Family House for more information

Seasonal Programming

The Family House works with the City of Ottawa to create opportunities such as I Love to Skate, Play Soccer, and I Love to Dance.

Please contact the Family House for more information

Summer Breakfast & Lunch Program

Providing nutritional support each and every day of camp activities.

July-August

Please contact the Family House to register



Summer Camps

In partnership with Children's Village of Ottawa, children 5-7 and 8-12 years old attend a summer day camp for 2 week periods during July and August.

"Transitions" is a unique approach to participating in camp. Children develop and plan their camp together. They learn skills, have fun, and develop self-confidence, independence, and responsibility

July-August

Please contact the Family House to register

HELPING OTTAWA FAMILIES SINCE 1995

Building community

&

Brighter futures



CHILD & YOUTH PROGRAM SCHEDULE

955 Debra Ave, Suite 85

Ottawa, ON

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debradynes@on.aibn.com

(613) 224-3824

<http://debradynes.ncf.ca>

Charitable #: 860064914RR0001

Keep Youth Connected

A place for community youth to spend time together, address community issues as a collective. Thursday nights are filled with good food, games, and great conversations!

Thursday
6:00 P.M.- 8:00 P.M.

Ready for School

Working with community partners, the Family House provides essential school supplies for children and youth at the beginning of the school year and in the New Year for semester students. This program relies on donated items. Please contact us if you are able to help.

Please contact the Family House for more information

Homework Club

This program provides homework support as well as computer access for homework with a priority for Grades 1-6.

Monday-Thursday
4:00 P.M.- 5:00 P.M.

September-June

Emergency Lunch Program

Nutritional lunches provided each school day for families in need/crisis.

Please contact Nina/Barbara to register



After 4 Nutrition Program

Provides a nutritional snack for approximately 50 children each day (Grades 1-6).

Monday-Friday
3:00 P.M.- 4:00 P.M.

September-June

Tutoring Program

Homework help, computer, and Internet access for children and youth in Junior High and High school+.

Tuesday (Grade 2- Grade 7)
5:30 P.M.- 7:30 P.M.
Wednesday (Grade 8- Grade 12+)
5:30 P.M.- 8:30 P.M.

Welcome Caregivers!

A time to play, meet, and support. The playroom is open for caregivers on a daily basis.

Monday-Friday
9:00 A.M.- 12:00 P.M.
&
1:00 P.M.- 3:00 P.M.

Exceptions: Tuesday and Thursday afternoons, and the mornings of the 1st and 3rd Monday of the month



Kindergarten Readiness

Providing a safe supported environment for preschool children to play and increase social and literacy skills in preparation for kindergarten. This program helps ease the transition from daycare or home care to formal education.

Tuesday & Thursday
1:30 P.M.- 3:30 P.M.
